



# Saint Sophie's Psychiatric Center

## Objectives

By the end of the course the participant will be able to:

Randy Swingen: "Complimentary Medicine in Mental Health: What's the Evidence?"

- Define complementary medicine.
- Identify herbs and supplements that alter neurotransmitters.
- Describe mental health benefits of fish oil.

Connie Soper: "Child Case Study on ADHD and DMDD"

- Transfer knowledge form case example of ADHD and DMDD in children to others in similar populations
- Identify diagnostic criteria for Attention Deficit Hyperactivity
- Describe pharmacologic considerations for treatment of ADHD and DMDD in children
- Identify non-pharmacologic considerations for management of symptoms

Emmet Kenney: "Human Development- Theory Enlightens Practice "

- Identify and apply an Ericksonian Model of Development to clinical practice
- Identify and apply Kohlberg's Model of Moral Development to clinical practice
- Identify and apply Piaget's Model of Cognitive Development to clinical practice

Rachel Sauter: "The Effects of Social Media on Mental Health"

- Identify how social media effects mental health in children and adults
- Recognize how social media contributes to bullying
- Identify ways to limit social media's impact on mental health

Aminata Kamara: "The Talk on Mental Illness in Refugee Population"

- Identify the importance of focusing on refugee population's mental health
- Discuss major risk factors for mental illness that are unique to the refugee population
- Describe Culturally Sensitive Care for this patient population